

Lutheran  
SeniorLife

# AbundantLife

SPRING / SUMMER 2024

## Memory Care

*A Supportive And Caring Environment For All*

*Top right, Overbrook Pointe and  
below, RoseCrest Assisted Living*

**ANNUAL  
REPORT  
ISSUE**  
*see page 6*

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# Message *From The President*

As we reflect on the past year, the impactful services provided by Lutheran SeniorLife fill us with gratitude and pride. Our mission to provide an **Abundant Life**® to those we serve has been furthered through the dedication and hard work of our staff, volunteers, and partners.

In this edition, it is with great pleasure that we highlight our memory care and residential living services. Our communities at St. John, Passavant and The Commons at Stonebrook Village continue to set the standard for excellence in residential living.

Passavant Community celebrated the centennial milestone of Elma Buttermore, a beloved member of our community. Additionally, my recent attendance at a social gathering hosted by a group of gentlemen at Passavant underscored the significance of camaraderie and fellowship within our communities.

The Visiting Nurses Association of Western Pennsylvania (VNA) has been a cornerstone of our commitment to home health care. Our staff provided compassionate and professional care to countless individuals in the comfort of their own homes in a five-county area. Moreover, the VNA opened new offices in the St. John and Passavant communities. In addition, our Rehabilitation Services team has been instrumental in helping patients at VNA and throughout Lutheran SeniorLife to maintain their independence and improve their quality of life.

The Lutheran Service Society has continued its vital work in community outreach and support. The programs including HUD Housing, Meals on Wheels, and our



senior centers have made a significant difference in the lives of many. These community-based centers, specifically designed for older adults, have become hubs of activity and social interaction, providing a lifeline to many who would otherwise be isolated.

The LIFE program (Living Independence for the Elderly) has brought hope and comprehensive care to older adults who wish to live in their homes. This all-inclusive program has grown substantially. It offers medical, social, and personal care services tailored to each individual's needs and is provided at no cost to the participants of the program. The feedback from participants and their families has been overwhelmingly positive, highlighting the profound impact of our services.

In closing, we want to express our deepest gratitude to each and every one of you—our dedicated staff, volunteers, donors, partners, and board members. Your steadfast support has been instrumental in enabling us to continue our mission to ensuring that every individual we serve can live their most **Abundant Life**®.

David Fenoglietto, President & CEO of Lutheran SeniorLife

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# Memory Care

## *A Supportive And Caring Environment For All*

**A**t Lutheran SeniorLife, we understand the importance of providing a nurturing and supportive environment for individuals with memory impairments. One of the distinguishing features of our memory care services is its emphasis on creating an engaging environment to promote cognitive stimulation and foster a sense of purpose and belonging. From specially curated activities, therapeutic programs and shadow boxes of momentous to thoughtfully designed living spaces, residents are surrounded by opportunities for meaningful interaction and personal fulfillment.

Within our communities – St. John and Passavant – we have the capacity to serve residents with cognitive and physical ailments including personal care, skilled nursing and long-term care.

### **St. John Community: Resident & Family Support**

“At St. John Community, we embrace the journey of memory care with compassion, dignity, and personalized support,” explained Samantha Rapuk, Executive Director of the St. John Community. “Our commitment goes beyond memory – it’s about fostering moments of joy,

connection, and empowerment for every individual; enriching their lives and honoring their unique legacy.”

That commitment is demonstrated through the memory support services available at the St. John Specialty Care Center’s Creekside Path (nursing facility care) and Edgewood Grove (personal care). Furthermore, the St. John Community includes RoseCrest, an assisted living facility specializing in memory care. With 30 private rooms, RoseCrest provides state-of-the-art memory support alongside daily activities tailored to foster creativity, social interaction, and self-esteem.

“Here at RoseCrest we treat the residents like family,” said Dana Bradley, PCHA, ALA Director of Residential Living. “We treat them as if they were our mother, grandmother, father, uncle, or aunt and take the time to spend with them to understand what they are feeling... what they need... and how we can best provide the care they need.”

“I can’t say enough about the staff,” said Cherri Smith, daughter of resident, 92-year-old, Margie Kennedy. “The nurses are great. The aides are fantastic. My mother loves these people, and they love her.”

*Continued on page 6*





# Embracing Independence

## *The Holistic Benefits of Lutheran SeniorLife's Residential Living Communities*

**N**o matter if you opt for a maintenance-free condominium, ranch-style home, or apartment within any of our vibrant residential living communities, Lutheran SeniorLife's continuing care retirement communities ensure your optimal health and well-being.

At Lutheran SeniorLife, endless opportunities await to uplift your spirit and infuse each day with brightness. From our state-of-the-art fitness equipment that tones muscles to invigorating exercise classes that keep you limber, we cater to your physical well-being. Meanwhile, our spiritual services enrich your life experience and our beautiful campuses offer not just sun and fresh air, but also a serene, uplifting journey.

"We have redefined residential living, guided by our commitment to excellence in health and our deep roots in a faith-based community," noted David Fenoglietto, President and CEO of Lutheran SeniorLife. "Our

residential living communities are purposely designed to support older adults along their journey to *live an Abundant Life®*."

Lutheran SeniorLife communities offer more than just a residence; they provide a dynamic environment where older adults can embrace life to the fullest.

Step into a realm where independence flourishes and vibrant living knows no limits—a sanctuary where the joys of independent living are celebrated within the nurturing embrace of our residential living communities.

With a commitment to holistic wellness, compassionate care, and an array of amenities and services, our communities are designed to enrich every aspect of life. Join us as we explore the amenities and services of our St. John Community in Mars, Passavant Community in Zelenople, and The Commons at Stonebrook Village in McCandless.



## Residential Living Amenities and Services

**On-campus Health Clinic:** One of the primary concerns for seniors is access to healthcare. Lutheran SeniorLife provides onsite clinic services at the communities in Mars and Zelienople, ensuring residents have easy access to medical professionals for routine check-ups, consultations, and minor medical needs. This convenience fosters peace of mind and promotes proactive healthcare management.

**Chapel:** Spiritual well-being is integral to overall wellness. The presence of a chapel and pastoral services within our communities allows residents to nurture their faith, participate in religious services, and find solace and community through spiritual engagement.

**Outpatient Therapy:** Lutheran SeniorLife understands the importance of maintaining mobility and independence. With on-site outpatient therapy services including physical, occupational, and speech therapy, residents have access to professional rehabilitation programs tailored to their individual needs, enabling them to live life to the fullest.

**Home Health:** For those requiring additional support while maintaining independence, home health services offer personalized care plans delivered in the comfort of one's own residence. From medication management to assistance with daily activities, residents can receive the support they need to thrive.

**SilverSmart™ Technology:** Embracing innovation, Lutheran SeniorLife integrates at-home technologies into its independent living program. From smart home devices to digital health monitoring tools, we leverage our technologies to enhance safety, convenience, and connectivity for the residents.



**Transportation Services:** Maintaining mobility and social connectedness is essential for a fulfilling independent lifestyle. Lutheran SeniorLife offers transportation services, facilitating access to medical appointments, shopping centers, cultural events, and social outings, empowering residents to remain active and engaged within the community.

**Dining:** Eating is not just about satisfying hunger; it's an experience that combines culinary excellence with social interaction. Residents can enjoy delicious, chef-prepared meals in an elegant setting, fostering a sense of community and enjoyment in every bite.



**Personal Training:** Personalized fitness programs catered to individual needs are available to residents seeking to achieve specific health and wellness goals. With the guidance of certified personal trainers, residents can embark on a journey towards improved fitness and vitality.

**Personal Emergency Response System:** Safety and security are paramount concerns for seniors living independently. Lutheran SeniorLife provides residents with access to Personal Emergency Response Systems, ensuring prompt assistance in the event of an emergency, giving both residents and their loved ones peace of mind.

In conclusion, Lutheran SeniorLife's Independent Living program offers far more than just residential housing; it provides a dynamic environment where seniors can thrive physically, emotionally, and spiritually. Through a comprehensive range of amenities and services, residents are empowered to embrace their independence while receiving the support they need to *live an Abundant Life®*. ❖

# Memory Care

*Continued from front cover*

“We strive to maintain as much independence for our residents as possible,” said Bradley. “For those that are unable to dress themselves, we encourage them to choose their own clothing, allowing them to make these choices helps maintain their independence while slowing the decline in cognitive function.”

Supporting the families is also important, noted Bradley. “Family support often involves simply being there to talk... being supportive, having conversations, and helping them understand the progression of the disease is crucial.”

“It’s just a nice place. If anything happens, they call immediately. Any time anything changes, I get a phone call,” explained Smith. “They just go above and beyond. I can’t say enough...”

### Passavant Community: Embracing Montessori Philosophy

At Passavant Community, memory support through the lens of the Montessori philosophy fosters an environment where residents are empowered to engage with their surroundings in meaningful ways. Grounded in the belief that each individual possesses unique abilities and deserves respect, the Montessori approach emphasizes independence, choice, and purposeful activities. Residents are encouraged to participate in tasks that align with their interests and abilities, promoting cognitive stimulation and a sense of fulfillment. Through personalized activities and a supportive atmosphere, Passavant Community ensures that residents with memory challenges can

maintain their dignity and autonomy while receiving the care and attention they need.

“Our commitment to memory care extends beyond providing support – it’s about empowering every individual to live a life rich with dignity, purpose, and cherished moments,” explained Laura Roy, Executive Director of Passavant Community.

Depending on need, Passavant provides memory support through three households: memory care for residents with personal care needs receive services in the Shenandoah household (personal care); while residents in need of long-term care are served through Allegheny and Larkspur households.

Central to the success of the memory care program is the team of compassionate professionals who are trained to understand the unique needs of individuals living with memory loss. With expertise in dementia care, they provide round-the-clock support, ensuring that residents feel safe, secure, and valued every step of the way. Their dedication not only enriches the lives of residents but also brings peace of mind to their families, knowing their loved ones are in capable hands.

In essence, Lutheran SeniorLife’s memory care services embody a profound dedication to enhancing the quality of life for those living with memory loss. By nurturing the mind, body, and spirit, the organization empowers individuals to live with dignity, purpose, and joy, creating a legacy of compassion and excellence that resonates throughout the community. ♦

## COMBINED BALANCE SHEET / FY23

### ASSETS

Current Assets .....	\$ 101,315,175
Assets Whose Use is Limited .....	\$ 3,126,662
Property, Plant & Equipment .....	\$ 133,284,853
Development and Real Estate .....	\$ 4,305,448
Beneficial Interest in Trusts .....	\$ 1,738,474
<b>Total Assets .....</b>	<b>\$ 243,770,612</b>

### LIABILITIES and NET ASSETS

Current Liabilities .....	\$ 37,598,755
Long Term Debt .....	\$ 86,012,639
Deferred Revenues .....	\$ 13,427,809
Net Assets .....	\$ 106,731,409
<b>Total Liabilities and</b>	
<b>Net Assets .....</b>	<b>\$ 243,770,612</b>

# 2024 Abundant Life Society Members

Abundant Life Society members are amazing people who give generously to the Lutheran SeniorLife Foundation. The Foundation supports Lutheran SeniorLife programs, services, and building projects.

**Giving Levels:** Diamond Level, Gifts over \$5,000 / Gold Level, Gifts of \$2,500 to \$4,999 annually / Silver Level, Gifts of \$1,000 to \$2,499 annually / Bronze Level, Gifts of \$250 to \$999 annually

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#### OUR MISSION

is to continually transform and elevate health, wellness, and social services while fostering an **Abundant Life®** for those we serve and who serve.

*AbundantLife* is published by Lutheran SeniorLife.

To report a change of address or to be removed from our mailing list, please contact the Lutheran SeniorLife Foundation at (724) 453-6014 or [FoundationStaff@LutheranSeniorLife.org](mailto:FoundationStaff@LutheranSeniorLife.org)

## SAVE THE DATE

# A TIME TO MAKE A DIFFERENCE

The Lutheran SeniorLife Foundation's Annual Event will be held at the **Pittsburgh Field Club** on **Thursday, October 3, 2024.**

Join us as we celebrate the enduring commitment to the Abundant Life® of our residents, participants, staff and partners. Purchase your tickets today by calling **724.453.6014** or emailing **[bittcherj@lutheranseniorlife.org](mailto:bittcherj@lutheranseniorlife.org)**.

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