



VNA Community Bereavement Center
154 Hindman Road
Butler, PA 16001
724-431-3520
www.lutheranseniorlife.org

VNA provides services and support groups tailored to the needs of adults, teens, children and family caregivers following the loss of a loved one. There is no fee for our services.

Individual Bereavement Support

A **Private Session** includes a support session with a bereavement specialist for assessment and direction. Meet one on one with a bereavement specialist for an assessment of your grief and education on appropriate resources for your situation. For those who may need long term counseling support; referrals will be made to a community counseling service. Please call ahead to schedule an appointment.

Examples of private sessions offered:

Precious Dreams: Individualized support after miscarriage, stillbirth, or infant death

Parent to Parent: Individualized support for those who have lost a child of any age

Through Their Eyes: Individualized support for the developmentally challenged and their caregivers

Caring Well: Individualized session to preserve, kindle, and liberate the spirit of the caregiver

Grieving Now: Individualized session for individuals or families facing an impending loss

Community Education and Support

Grief Education and Support Classes: Guided by grief specialists, you'll be able to share your experiences, and connect with others who have experienced loss. Sessions are offered throughout the year in various locations. Please call for the next available class meeting dates, times and to register. Registration is required as group size is limited.

Speaking of Grief: You may request a speaker for your group or organization on grief, loss, or end-of-life issues.

Caring and Sharing: Offered to health care facility staff after the death of a co-worker or resident, this interactive, healing session is led by a grief specialist as the group reflects upon and commemorates the life of a cherished coworker.

Bereavement Services for Children and Teens

A **Private Session** with Bereavement Specialist includes individualized support for children of any age facing a loss.

Forever Friends: Session for students who have lost a classmate or close friend.

Changing Classrooms: Classroom session after the death of a classmate or teacher.

Grief Resources:

The **Bob Schmieler Memorial Library:** Review or borrow books and materials for all ages on coping with serious illness, dying, caregiving, grief after a specific loss, and loss in general.